

# CO20

## A PERSONAL JOURNEY IN CARBON OFFSETTING

Join Dr Alison Cooke in her efforts to  
combat climate change, one tree at a time

**CO20's primary hopes are to...**

**Understand how best  
to calculate one's  
lifetime carbon  
footprint**



**Plant a woodland of trees at  
Pertwood Manor Farm,  
absorbing CO2 from the  
atmosphere to  
bring Dr Cooke's  
net carbon emissions to zero**

**SPREAD THE WORD!**

**Offset your lifetime's carbon footprint!**

For more information about this project, and how you can do the same, visit  
[cookeassociates.com/sustainable/CO20.php](http://cookeassociates.com/sustainable/CO20.php) or contact  
[admin@cookeassociates.com](mailto:admin@cookeassociates.com)